ISSUE 279 **July 2003** **25 Pence**

THE COMMUNITY MAGAZINE FOR THE PARISHES OF

Blisland with Temple St. Breward and Helland

Dozmary Pool, Bolventor, Bodmin Moor 1930

From a photograph sent in by Mr Arthur Stephens

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~~Full~~	~~£80~~	~~£10.00~~

Letters

Thank You

Pat, Sally, Andy, Tony & Patrick would like to say a big thank you to everyone who has sent cards, phoned and supported us at Peter's funeral. St Breward is a most caring place where we have been most happy together.
Thank you all.

Pat Dibb

Letters

The Bodmin Moor Beast

As a runner (for want of a better word) in the St Breward Half-Marathon, (how about plodder, or better still survivor), I was aware as I proudly received my T-shirt and certificate that only the runners, not the people behind the event were being congratulated.

It was suggested that I was supposed to have collected the marker flags as I went round. I was aware that somebody had to, probably the same somebody who put them all out.

I would like to thank all the people involved in setting up the event, the people who put the flags out, the people who gave me drinks on the way, the people who checked that I was still running (just) on the summit of Roughtor and Brown Willy and all the other people who quietly got on with organising everything. I'm sure I speak for all the other runners who took part.

It seems a shame that such a quality event didn't attract as many runners as it should have. I am sure that as it's reputation grows, so will the number of entries. I hope to be back next year.

You are organising it again next year aren't you?

Simon Edwards

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You may be pleased to know, as we are 'family-friendly', we do not allow smoking or pets in our home.

COPPICE WORKS

Tim
Hutton

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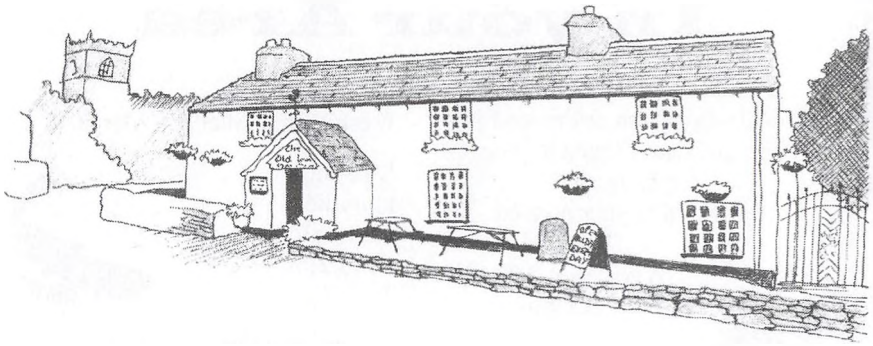
Greyhayes St Breward 01208 850670



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Telephone: 01208 851671

Mole Mountains: Churchtown's top gardener, Viv Crowle, returned from a short break to find large molehills on his immaculate lawn. In great secret he tried to discourage further damage using all kinds of old remedies and at the next bell-ringing practice was strangely quiet until someone mentioned that there seemed to be lots of moles about.

He drew himself up straight, puffed out his chest and pulled hard on the rope and announced that he had giant moles attacking his beloved lawn. Someone was heard to mutter, "Typical, he has to have everything bigger than anyone else."

Soon Viv was put out of his misery when they told him that Paddy McShee had 'planted' the molehills, using peat and a bit of top soil.

The practice session had to be abandoned due to all of the team falling about.

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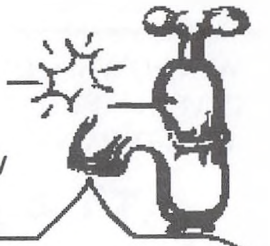

IVY COTTAGE, ST. BREWARD, Nr BODMIN
Tel: 850873

Andy Billington

ALL TYPES OF PLUMBING
CENTRAL HEATING INSTALLATION
REPAIR WORK

Annual Temple Parish Walk – Rogation Sunday

We now have a parish walk in Temple rather than a Beating of the Bounds, because much of the parish boundary lies on terrain that needs a chainsaw and waders or sub aqua gear to negotiate your way through. This year we covered some land which was a little marshy but nothing too adventurous – at least no-one sank.

The walk allows people to explore parts of the parish which most could not otherwise venture into. A good part of this year's walk was on land owned by the Yeo family and we thank John Yeo for his permission. Mary brought along her small pony for the children to ride – we hear that Derek declined the offer of a lift.

The weather broke from tradition this year and we walked in weather which was dry and still enough to be able to dawdle and look at things along the way. From higher ground we could look down on the remains of old mining buildings in the valley below Merrifield, investigate an old metal pole with rings and tensioning devices (anything to do with a small railway?) and a rectangular granite–built pit (for a water-wheel?) If anyone knows of this, please contact Graham Montague- 821582)

Buzzards flew over; a heron was seen in the valley below Merrifield; a cuckoo cuckooed from the direction of Temple Bridge; a wall brown butterfly flew nearby and a fox was spotted. The most exciting observation was an adder coiled on a tussock; it slipped away into the grass rather than wait for everyone to get a look at it.

Whilst the moors here look bleak and barren, closer investigation of the ground revealed numerous tiny plants – brilliant blue milkwort, white milkwort, bright yellow tormentil, pink lousewort (once believed to give lice and liverworms to cattle), insect-eating round sundew, both Germander and wood speedwell, marsh violet, birdsfoot trefoil (aka bacon & eggs), heath bedstraw and the leaves of bogbean. Thanks to Lindsay for her identification skills. Clumps of bluebells were at their best amongst the scrub of hawthorn and alder.

Near the end of the walk we came upon a bull, whose presence had not been revealed by prior intelligence. He was nowhere near as interested in or bothered by us as some of us were by him.

In all, an expedition that was both informative and sociable. About 25 people took part, both locals and visitors. It was good to have our neighbours from St Breward and Blisland join us. The church was full for the service, with some lively guitar playing from Derek and spirited singing from the congregation.

Camhayle Theatre club of Wadebridge presents 'John Betjeman, his life, Times and Lady friends'. A programme of poetry readings.

Monday evenings at 7.30pm from 16th June to 11th August inclusive at Brea Hill, Daymer Bay, Trebetherick.

Monday 18th August 7pm St Enodoc Church

Church's Page

Priest in Charge: Revd. Derek Carrivick, The Rectory, St Breward. Tel. 01208 850869
Churchwardens:

Blisland		**St Breward**		**Helland**	
David Kirby	851003	Paddy McShee	850435	Paul Jackson	75240
Charles Edward Collins	821226	Peter Glaser	851744	Anne Maskell	76383

It is Monday 30th June. Carnival week, St. Breward style, has started. Blisland have already had their church summer fete and there are events to follow later. Helland have their summer fete coming soon. Many work very hard. It is the time of the year to celebrate village life.

But also I have to remember to change my tax disc, TV Licence, book the cat and dog in at Penquite etc. etc.

But it is good to escape from the ordinary comings and goings of life. There is more to life than getting out bed, walking the dog, reading the paper, having something to eat and going to Trago for a treat. So enjoy all the fetes and carnivals.

Traditionally carnivals, revels, and fairs were a time to enjoy oneself and escape from the necessary chores of life and also to step back a little and get life in focus. We all need to that extra time and space as individuals and also as communities. Not everything is perfect and sometimes we need laugh about it all. If we could be a bird flying above our villages we might see things differently. Some of the things we worry about are not so worrying when we look down from a higher perspective.

A bird's eye view is perhaps not unlike a God's eye view. John MacEnro, the tennis player, said recently that it sometimes pays to look down on a tennis match and see that it is after all only a game. He was, though, in his playing days rather inclined to treat a game as matter of life and death. He paid something like $250,000 in fines for his outbursts during his playing career – he learnt the hard way! Older and wiser, he seems to have learned something about taking a God's eye view.

So I hope if you have got older and wiser then you will be able to float above some of your problems. The fetes and carnivals are a marvellous opportunity to be a bit of floating. If you are really daring you could wear a funny hat or something, enter the carnival or even make up a FLOAT!!

In the meantime I must go and pay my TV Licence……

Derek Carrivick, June 30th 2003

My World Wheels just keeps Turning

This was the state Peter Nottle found himself in when picking up Denise he drove off the drive – and the wheels just kept turning (up in the air). White Knight Mark Harris came to his rescue and pulled the car out.

Date	Temple	Blisland	Helland	St Breward	Sunday Club
13th July Trinity 4		9.30 a.m. Holy Communion Derek Carrivick	11.00 a.m. United Morning Service (AT CHAPEL) Valerie Jones	11.10 a.m. Holy Communion Derek Carrivick	FULL (Minibus)
20th July Trinity 5		9.30 a.m. Holy Communion Derek Carrivick	9.30 a.m. Holy Communion (BCP) Joan Kirby	11.10 a.m. Holy Communion Derek Carrivick	HALF & HALF (Minibus) *END OF TERM*
27th July Trinity 6	4.30 p.m. Evensong Derek Carrivick	9.30 a.m. Holy Communion Joan Kirby	9.30 a.m. United Holy Communion (AT CHURCH) Derek Carrivick	11.10 a.m. Holy Communion Derek Carrivick	Holidays
3rd August Trinity 7		9.30 a.m. Holy Communion TBA	6.30 p.m. Evensong (BCP) Valerie Jones	11.10 a.m. Matins (BCP) Valerie Jones	Holidays
10th August Trinity 8		9.30 a.m. Holy Communion Derek Carrivick	11.00 a.m. United Morning Service (AT CHURCH) TBA	11.10 a.m. Holy Communion Derek Carrivick	Holidays

SIR PHILIP MANSFIELD, KCMG.

We are sorry to learn that Sir Philip Mansfield died in June whilst visiting America and extend our sympathy to Lady Mansfield and their sons. Sir Philip served in the Grenadier Guards in World War II and was then in the Sudan, entering HM Diplomatic Service in 1955. There followed a very distinguished career culminating in his appointment as Ambassador to the Hague. In the 1990s Sir Philip and Lady Mansfield came to Cornwall and lived briefly at Hawkstor before moving to Palmers Farm, St. Breward, where he enjoyed a peaceful retirement.

St Breward Church Fête

Saturday 19th July 2003
St Breward Village Hall
Starts 2.00pm

St Breward Silver Band

Cheese & Wine Party

Sunday 10th August

Sun Valley, Tregenna Lane
Blisland from 6.00pm

£3.00

If wet then in Village Hall

Proceeds in aid of Village Hall

Chapel's Page

Pastoral Worker: Mr Brian Parkman *(St Breward & Blisland)*		Telephone 01840 212736 17 Trefrew Rd, Camelford PL32 9TP	
	Blisland	**St Breward**	**Helland**
Senior Steward	Mr ET Ham 850691	Mr R Hoskin 851445	Mr. Nigel White
Treasurer	Mrs W Gurr 850119	Mrs J Teague 850342	Mrs J Matthews 821261

Dear Friends,

I'm sure there is something missing! But what is it? Can it be found and re-instated? As I read my newspaper and observe the lives of people reported there. As I consider the anger, tension, unforgiveness, torture and famine throughout this world that God made so wonderful. Is it not obvious to us all that there is something missing? Can that missing element ever be found?

The ambitions of mankind seem to be misplaced. We are so pre-occupied with what we consider to be the needs of the body we are neglecting our soul. Mankind was designed by God to be complete in body, mind and soul. We crave 'things' for the body, 'education' for the mind and leave the soul 'empty'. There is the missing element in life today. We are neglecting our soul and until we re-instate God into His space we shall not find what we are seeking.

Jesus is The Way, The Truth and The Life. We need Him to fill that God shaped "hole in the soul". Only then can mankind, (you and me) experience life in all it's fullness. By His Spirit we shall know what the Apostle Paul calls the "fruit of the Spirit" which is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

It may be that I have gone "all physiological", in my thoughts to you. But I really am concerned for all of God's creation. I am concerned for the people of the world, especially those who read this magazine. Especially you.

Yours very sincerely; Pastor Brian

St Breward Methodist Church
July Diary

6th	9.30am	Brian Parkman
13th	9.30am	Brian Parkman
20th	9.30am	Mr G Brown
27th	9.30am	Mr J Hawkins

Kids Club Wednesdays 3.15 to 4.45pm
20p per session

Helland Church Fête

Sunday 27th July 2003

Lower Helland Farm
(Hellandbridge)

Starts 2.00pm

ALL WELCOME

Helland Methodist Church Services for July

Sun 6th	11.00am	Mrs Penny Manders
Sun 13th	11.00am	Mr Alan Priestley United family service at Chapel
Sun 20th	11.00am	Readers Service
Sun 27th	9.30am	Mr Alan Priestley United Communion service at Chapel

Our 125th anniversary celebrations were all very well supported and successful in every way! Thanks to all who came to the service on May 25th when Rev Dr Chris Blake led a wonderful service; we were delighted that he and his wife - along with several others - were able to join us in the schoolroom after for lunch. On Saturday, May 31st Helland hall was packed for a concert made up of artistes from local churches, it was a lovely, informal, 'fun' evening and thank you all.

Altogether over £600 was raised for Church funds

MM

Blisland Methodist Church Services for July

Sunday 13th	2.30pm	Preacher Pastor B Parkman (Holy Communion Service)
Sunday 27th	2.30pm	Church Fellowship

Blisland WRVS Club

As my wife and I were hoping to go away on holiday in early June, our meeting for Tues 3rd June was postponed to the third Tues in June. Our venue this time was the Blisland Inn. Three members could not join as they are committed to managing The Three Stooges, raising money for the community building project.

We thoroughly enjoyed our lunch at the Inn and highly recommend this establishment for its wide choice and very good food.

Tony Ham, Club Organiser

BODMIN LOCAL HISTORY GROUP

VISIT TO WENFORD CLAY DRIES AND DE LANK TRAMWAY SITES

THURSDAY 10 JULY 2003

By popular request the Group have arranged a second visit to St. Breward. Non-members are welcome to join us.

Meet in the car park at Poley's Bridge at 11 a.m. to be shown round the historic and the recently closed installations at Wenford Dries with Ivor Bowditch of Imerys. Then on to Institute and War Memorial Hall for a lunch break (bring food – tea and coffee provided) with a small exhibition and brief talk about the tramway. After that we will revisit some tramway sites and the Railway Yard at Wenford Bridge. This may include a walk along part of the route of the tramway.

Further details from Colin Greenwood (Bodmin 75725) or Virginia Cholmeley (Bodmin 850769).

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"Before Herbalife, I was always tired, ready for bed at 8.30pm, irritable and fat. I wanted to lose weight but I didn't even have the energy to start.

"I spotted this advert in the paper and decided to ring it out of curiosity. I had a short conversation with a chatty, happy lady who seems to understand my predicament. She wasn't pushy and didn't try to sell me anything. She just explained the product and the result it always achieved.

"It was the words 'always achieved' that really got to me. Being Miss Sceptic, I decided I would try to prove her and the company wrong."

"They are naturally derived products, easy to take and the best part is that you can still eat all your favourite foods. What could be simpler?

"What have you got to lose .... Except inches?"

Anyone interested in losing weight should contact **Angela** on **01840 261733** or visit **www.naturalenergy.org.uk**

A 360 mile horse ride along the backbone of England and into Scotland - a dream come true but, where did it all start?

Two years ago while enjoying a horsey holiday on Exmoor, a friend suggested the idea of having a real riding holiday to remember, and carried away by enthusiasm we started looking at The Pennine Way (which she had walked) and ended up in Scotland on the Border Trail. This is 360 miles in all, give or take a few 'hills'. So maps were bought, crews co-opted and routes discussed...then FOOT & MOUTH! All our plans were shelved until last summer when the decision was made that if we were going to fly the flag for Cornwall, and be the first group of riders to ride the complete route ,we had to do it at the earliest possible date and we decided on July this year.

To make it really worth while we decided that we would collect for charity. As we are going to ride the backbone of England, we decided that the collection should be bone related and so we opted for The Laminitis Trust and the National Osteoporosis Society. (My husband having an arthritic horse and Helen's mother having osteoporosis might also have had something to do with the choice. Helen by the way is one of the riders).

October saw three of us in Northumberland knee deep in streams, squelching through mud and having to endure complete afternoons in bars (what a hard life!) planning with locals where to go and where not to go. One farmer joked that it was lucky we had not planned to cross the moors on the Œglorious 12th', at which point we quickly hired cycles and looked for an alternative route! Bramble the spaniel and Jip the sheepdog were

(Continued on page 13)

Colliford Lake Park
Colliford Café & Crafts

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our pathfinders, testing the water depth, the squelch ability of the mud and the safety of rather suspect foot bridges. Needless to say, we all survived.

The endurance training programme suggested by Jill Thomas and fitness exercises gleaned from an excellent book called Flexibility & Fitness for Riders published By J A Allen, are now starting in earnest. I am not sure if my butterflies are pure fear or sheer excitement. Poor Ting Tang (my horse) hasn't got a clue. She happily thinks she is about to enjoy another endurance season...I haven't got the heart to tell her what an endurance ride I have planned for her! Still she is happy...I'll tell her all about it as we travel up to Derbyshire...or perhaps I won't!
I'll keep you posted on our progress.

Finally, I must add a big thank you to the late Mary Townely who first conceived a route over The Pennines and to Sue Rogers (BHS Bridleways) whose help has been invaluable and last but not least to Julie Thompson at the Countryside Commission for her support. (If any one would like to help or contribute, contact Janet Elston at janet@elstonj.freeserve.co.uk

ROB DAVEY

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ST TUDY CARNIVAL

SATURDAY 12th JULY

Gather in the village playing field.
Entries 5.45/6.00pm, Judging 6.15pm & Procession 6.45pm

ALL WELCOME: Walkers, Floats, Vintage/Classic Vehicles,
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BARBECUE & ICECREAMS

AFTER CARNIVAL DANCE & DISCO WITH MICHELLE PLUESS

Fishermen To Visit The Parish

St Breward Silver Band are delighted that "The Fisherman's Friend's" from Port Isaac have agreed to join the exciting line up of west country performers at the bands Music By The River concert 16th August in the grounds of Wenford Bridge Pottery.

Those of you that have visited Port Isaac on a summers evening will have heard the fishermen in full voice singing sea shanties in their particular unique style, on the Platt.

Spokesman Peter reports,'' they sing for local and national charities, with the charity of choice being agreed on the night of singing. If they are unable to think of one, then they all agree to sing for beer money!!''

Fisherman's Friends are in great demand not only within the Duchy boundaries but far a field in the USA, Europe, The Royal Albert Hall, and more recently The Eden Centre. In July they are to sing at the Plymouth Pavilions, joining with Her Majesties Royal Marine Band in a special concert to celebrate 150 years of the RNLI.

St Breward Silver Band are proud to report that they have been playing at Port Isaac for over half a century. In the early days at village dances, socials, etc: and in the last 43 years weekly summer concerts on the Platt on a Thursday evening.

Brian Hummerstone PRO

Some mothers do 'ave 'em!
"Having one child makes you a parent; having two makes you a referee.

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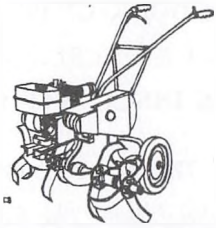

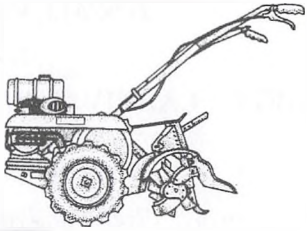

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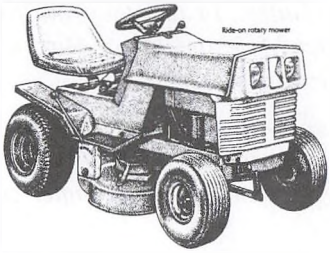

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Mount Edgcumbe Hospice

On behalf of Mount Edgcumbe Hospice we wish to thank all the helpers and all who supported us at the cream tea day at Sonia's on June 15th. We especially want to thank Sonia and Maurice for giving up their home and garden for the cause. We raised a marvellous sum of £1267.14

Thank you Marg & Denise

LENNY P'S
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JAW JAW Micky Harris went to the dentist with horrendous toothache. The dentist peered long and hard into his mouth, tapped and tugged at his teeth and fillings before stepping back and declaring, "Mr Harris there is nothing wrong with your teeth, you have jaw ache from to much chopsing.

His fellow workmates at De Lank agreed with the dentist. Dave Hill remarked, "He could talk for England, he could, some days I can hardly get a word in edgeways."

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FROM HELLAND: Please don't forget the Fete at Lower Helland Farm, Helland-bridge, July 27th, 2-4 pm, all the fun of the usual summery activities, plus Parson's Pounds, and hands on craft activities.

A Life story with a difference: "He was strongly attracted to women all his life and had an inner struggle to keep on the straight and narrow path so read a quote from Roy Hattersley's biography of John Wesley at the commencement of a marvellous, amusing (and almost weepy at times) play by the excellent Jasperian Theatre Company about the life of this man who changed lives beyond measure. His battles with the established church, also with his equally famous hymn-writing brother, Charles, his devotional life and family were very well acted. Bodmin Methodist church was almost full. The Theatre Group was going on to Redruth, Penzance, Plymouth, London and Northampton. We wish them well, hoping that they will return soon to teach us with more of their skills.

"Fellowship is heaven, lack of fellowship is hell. John Ball" (Who is John Ball?)

A marvellous celebration took place on May 25th and 31st when we looked back and expressed gratitude to the Lord for the Wesley brothers and 125 years of worship at Helland Methodist church. Dr Christopher Blake led the morning service with the additional attraction of an overhead projector to illustrate the story of a man who had to sell everything, even his prized hat with a huge feather in order to buy the most beautiful pearl in the world.

After a delicious lunch and lively chat over coffee, some of us went to Trewint where we squeezed into the crowded garden in lovely sunshine content to sit on the stone steps in order to hear Revd. Roger Royal speak of the need for all of us to be as hospitable as the couple who kept the little house so ably, welcoming John Wesley when he came to preach there, also giving him space to rest and contemplate. We were also urged to be travellers like Wesley, not too firmly stuck in a rut. On 31st May we had a lively concert with more good refreshments, enjoyed singing along to Stephen and Derek some songs from the pops of a few years ago, recitations which brought many a chuckle, as the one beautifully given by Mrs Iris Strout about Organs, Ancient and Modern, an ecumenical sketch on forgiveness (phew, we were almost word perfect, finally came some community singing to a wonderfully played accordion, though we mustn't forget the delightful singing of Holly, Emma and Rosie of "Where is love?", "Whenever I feel afraid" and "I can sing a Rainbow", as well as the first performance ever of an amusing poem by Mrs Janis Priestley of Noah and God arguing about the building of the ark. The fun and enjoyment will be long remembered as will Mr Priestley's able work as link man together with his serialisation of Albert and his resurrection.

Children's Spirituality: Some of us were privileged to go to Diocesan House and hear Dr Rebecca Nye, a child psychologist speak and demonstrate her skills as a storyteller. With many questions she gained the audience participation needed for

(Continued on page 20)

(Continued from page 19) From Helland
good learning, encouraging us to name the sheep in a story and suggest different adventures for them. We heard that children are inherently spiritual but can often decide that it isn't mature to speak of these thoughts, so that they can become crushed. We have to encourage and nurture spiritual growth at all stages, by thoughtful conversation and acceptance. Many children have much to teach us about the presence of God. One 6 year old had a fervent belief in God although he only went to church at. Easter and Christmas. Dr Nye asked him, "How can you have these ideas? He replied "I worked it out and one day I asked my Mum to take me to church. We went and I prayed; He told me "I am with you every step of the way, may your sins be forgiven". A very difficult boy, Freddy, was vicious and violent, yet in a one to one situation eventually told Rebecca, "God didn't make those houses over there, 'cos my dad did some of it". He used the story of Snow White to describe his sense of God and his own difficult relationships: "The earth is so good, Grumpy gets to know about life, then he cares when Snow White dies. Life can be clever and good. Sometimes I'm really grumpy, then I try and think how I could be." There is a lot of wealth of deep thinking in children's minds that we must carefully nurture.

VJ

St Breward Community Bus

Doesn't time fly when the weather is nice, lots of things do not get achieved on target but by the time this newsletter is out I should have sent all my affiliation letters to those concerned.

In the meantime we are in a position to be able to park our Community Bus in the Bus Garage in Truro once a month, which means we could run a service to Truro leaving the village (or your home if required) at about 9.30 am and leaving Truro at about 1,45 pm at a cost of about £2.00 per head return. Additionally we are thinking of running to Trago once a month at about £1.00 return. If anyone is interested in this idea could you please contact me by telephone or leave a note with Denis at the St Breward Stores. We propose to start these trips after the Carnival

Iveco who manufactured our bus are giving a press release to all trade magazines.. The Press Release is very complementary to St Breward and its residents. Both stories are accompanied by photographs, but it is nice to know we have the real McCoy.

To all our drivers I would like you to know that we are in the process of having Parking Sensors fitted to the bus which will assist in reversing. I would like to say a special thank you to Denis Lusby and all the other drivers assisting in the school run.

Terry Goode (01208 851392)

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Enable in Cornwall Ltd is a not for profit limited company that assists people with physical disabilities and or sensory impairments to access training, education and the work environment Enable works in partnership with voluntary supporters, education establishments, training organisations and the Jobcentre offering information and advice.

Clients either contact *Enable* themselves or are referred by Social Services or a range of other welfare organisations and charities throughout Cornwall.

Enable: is managed by a board of directors, the majority of whom are service users and/or have a disability, The service provided is tailor-made, to the individual according to their requirements.

Enable has an office based in Bodmin with a small and friendly staff who are available to provide advice and assistance on the telephone and/or from home visits. Enquiries are always welcome; either by phone, e-mail or people can just call in. This summer *Enable* will be at the Disability Awareness Day at the Royal Cornwall Showground on Sunday 20th July. This should be a fun day out for everyone, with exhibitors from local and national charities and commercial organisations (e.g. scooter and wheelchair manufacturers, living aids, clothing etc.,). The show opens at 10am and will include a full Programme of entertainment, Pirate FM in attendance.

Enable will be on Stand 42 please do come and see us.

A Load of Bells

Among the campanologists of Blisland and St Breward, rumour is rife that the large fence, which has appeared around Knotweed McShee's garden, is to protect the members of the newly formed St Breward Nudist colony as they recline around the new swimming pool. News of the World and Radio Cornwall reporters have been seen loitering by the De Lank bus shelter interviewing each other as Knotweed has refused to give interviews.

The vicar has offered to bless the pool but has been turned away. Knotweed is insisting that the pool is to keep up his swimming prowess but villagers at the recent BBQ in the rectory garden saw his delighted reaction when Catherine won a pair of Frog inflatable swimming armbands in the raffle. He was heard to say, "Good, I could do with those."

This magazine has been told that one of the reasons Paddy is keeping a low profile is because the card he gave Catherine on their recent 25th wedding anniversary actually said 40th – and he didn't notice. [Paddy next year, buy your card from St Breward stores as we have a good selection of 95th Wedding Anniversary cards at half price]

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Cornwall & Isles of Scilly NHS
Health Community

Getting the right fit for community hospitals

Cornwall has more community hospitals than most other areas of the UK for its size of population. To make the most of this valuable resource the health community is inviting people from all walks of life in Cornwall to a planning day to help shape the future of the hospitals sited in the centre and West of the county.

On 11th July at the Atlantic Hotel in Newquay, a wide spectrum of health professionals and planners will join councillors, representatives from voluntary groups and interested members of the public, to explore all the options for the future use of these community facilities. The day will be opened by Lyn Manuell, Chief Executive of Central Cornwall PCT, who is leading the local community's review of the demand and capacity for health services.

Some of the issues that will be considered during the event are:

- The range of services provided by community hospitals is not consistent;
- The skills and experience of staff in the community hospitals are in some cases being underused;
- Patients are receiving treatment at Royal Cornwall Hospitals Trust sites when their needs could be met in other ways in or near to their own homes.
- Some elderly patients remain in the main acute hospital longer than necessary - when they could be cared for in a more appropriate setting, either a community hospital or their own home - depriving others who may benefit from specialist care;
- A large number of nursing home beds have closed over the past eighteen months but the need for nursing home care has remained the same or even increased.

As Mike Coupe, who is coordinating the planning for hospital services across Cornwall said today: "We are expecting a very lively and interesting day. We have a lot to do and I hope we will get a good number of people interested in working with us. People in Cornwall have in the past fought hard to keep some of these hospitals open - I just hope that plenty of them will want to work with us to shape their futures too."

Anyone interested in attending should contact Caroline Uren on 01872 25 2705.

The theory is that drinking beer makes men turn into women. To test the finding, 100 men were fed 6 pints of beer each. It was then observed that 100% of the men gained weight, talked excessively without making sense, became overly emotional, couldn't drive, failed to think rationally, argued over nothing, and refused to apologize when wrong.

No further testing is planned!

CHURCH CLOSE

BLISLAND CORNWALL

Five new elegant and spacious homes of traditional character on the fringe of Bodmin Moor

The new homes at Church Close have been oriented to give south-facing rear gardens, the land on which they will stand sloping down towards Lavethan Wood below. The two houses by the roadside complete the street scene and enclosure of the village green and all five homes will enjoy views over the wooded valley behind and the rolling countryside beyond. Each property is individual in character, reflecting some aspect of the old houses in the village. Locally quarried stone or granite will dress the front elevations, all roofing will be in natural slate and there will be stone faced front garden walls. Blisland and Bodmin Moor are a paradise for walkers; just behind Church Close a footpath leads down from the churchyard through the valley. Other paths beckon the hiker north to the wild grandeur of the moor, with the welcome prospect of refreshment at the Blisland Inn on the homeward journey! Houses No.1 and No.2 are now available for £395,000 - £410,000 respectively.

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Good Beer, Fine Wines

Below is Carly McShee's account of her two-week experience of working in a Croatian Hospital as part of her Occupational Degree. She would like to thank all the people in St Breward who sponsored her.

Convoy of Hope

The Convoy of Hope has delivered humanitarian aid since 1991 to Croatia. The hospitals in this area are badly deprived of both vital equipment and qualified, experienced staff. Occupational therapists (OTs) involvement began in 1998 and is ongoing. The aim of OTs visiting Croatia is to bring their skills and knowledge to the Croatian hospitals and to help educate the staff there so they can continue the good work. Much fundraising is also done in order to buy and supply vital provisions and specialist equipment to the hospitals. Educational and training exchanges have been developed for both Croatian and British students with the assistance of Cardiff and the Vale NHS Trust and the Department of Occupational Therapy Education, University of Wales College of Medicine.

In Kraljevica Hospital, some work has already been done with the help of committed fundraisers in the UK. This hospital has been a regular stop-off point of convoys for many years and is funded by the Ministry of Social welfare on a patient per capita basis. In the past year first floor accommodation has been totally revamped with massive assistance from fundraising in the UK.

The consequences of the civil war and the resulting economic problems have led to a decline in the standard of living of most of the population, with the unemployed, the retired and the beneficiaries of social welfare finding themselves in a particularly difficult position. The current Croatian healthcare system was developed by the newly independent state after the war; however, health facilities in Croatia are still under severe budgetary constraints with many medicines and equipment in short supply.

Students Visit to Kraljevico Hospital. Croatia. March 2003

Four students and I flew to Trieste in Italy, which was a 3-hour taxi ride from the small village of Kraljevica on the west coast of Croatia. We were greeted on arrival by one of the nurses and shown our accommodation, which was small chalets, attached to the side of the hospital. On Monday morning we met Alenka the OT, and Barbara the psychologist who was invaluable in translating English for us!

The hospital is home to 30 children and young adults with a variety of physical conditions and learning disabilities. The daytime staff consists of four nurses, two physiotherapists, a psychologist and an occupational therapist who also has some physiotherapy qualifications. 2-3 nurses staff the hospital during the night. The hospital has an insufficient number of healthcare staff who tend to be underpaid and often have not been paid at all for several months.

(Continued on page 31)

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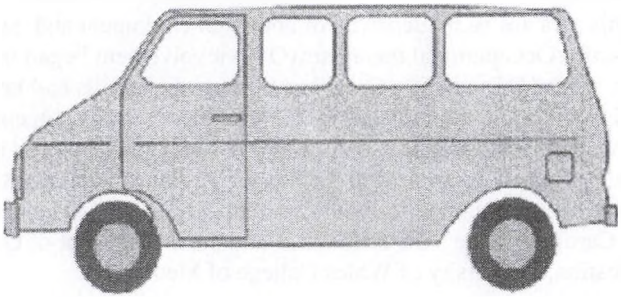

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(Continued from page 29)

The OT in Kraljevica hospital has been in post for one year. She has some physiotherapy qualifications and also carries out a nursing role in the hospital, such as feeding and getting the children washed and dressed in the mornings, due to the lack of nursing staff. This makes it difficult to promote independence, as it is often easier for the nurses to do things for the patients. However, the OT appears to be very forward thinking and is trying to work towards a more therapy led ethos in the hospital, against the current regimes of the institution.

During this placement, I and the other four students were involved in planning and organising group sessions with the patients, aiming to improve socialisation skills and physical ability. We took the adults out numerous times to the nearby village to have a drink in one of the cafes and walked around the harbour front. We also ran several group sessions using art and crafts, which they all enjoyed, as our extra numbers allowed more one-to-one attention. We tried to ensure that these sessions were relevant to particular clients needs.

We also spent much time playing with the children and taking them for walks to the nearby park, as going outside is a rare treat, due to the lack of staff. Many of the children were confined to their beds so we tried to spend as much time as possible stimulating some of these children. We all spent time observing the OT at work in order to learn from her knowledge in working with the children. We were able to overcome the language barrier and build a rapport with the clients and staff, and learn about the Croatian culture.

The experience was invaluable and we were able to see first hand the conditions OTs in Croatia work in, the lack of resources and the lack of understanding of their role by other health professionals. It was noticeable the impact OT could have on these patients lives, if only time and resources would allow. The placement was thoroughly enjoyed by all involved and we were all disappointed when it was time to return home to the UK.

Carly McShee

Inner Strength

If you can start the day without caffeine or pep pills,
If you can be cheerful, ignoring aches and pains,
If you can resist complaining and boring people with your troubles,
If you can eat the same food everyday and be grateful for it,
If you can understand when loved ones are too busy to give you time,
If you can overlook when people take things out on you when,
through no fault of yours, something goes wrong,
If you can take criticism and blame without resentment,
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St Breward Primary School

We are in to our last term now, and again; it doesn't seem five minutes since we were preparing our year 6's for the wonders of Secondary School last year!

Football: Super-Sleep, FastBoy-French, Fleet-Feasey, Canny-Clarke, PassIt-Prout and BeltIt-Belcher were in action again last month at the Camelford Area Football Tournament. Our team came third in the tournament, which was brilliant.

Books for Schools-Coming to a Close
We are still collecting as many of these tokens as possible, although the newspapers have stopped printing them as of the end of June. They can still be found on packets of Walkers snacks, so please, cut them out and send them into school or drop them off in the box in the shop. Thank you.

Class One's Surprise: At last, it has arrived! A super new, roofed sandbox, to compliment the other play equipment in the Class One playground. The children love it!

Beast of Bodmin Race: Our thanks go to the organisers and Friends of our school, who worked so hard to get the second Beast of Bodmin race off the mark. The weather held reasonably and a sum of around £500 has been raised, which is being given to our school for much needed computer equipment. Due to budget cuts, we have had to delay the purchase of the proposed new computers until next year, so this donation is most welcome.

And finally,.....some dates for your diary. Your support is vital to us and we have some events coming up which we hope you can attend.

THURSDAY 10th JULY – 9.00am – Coffee Morning and Sale to raise funds for Class Two. If you have anything you could donate for the sale or the raffle, we would be most grateful. If not, come along anyway and have a cuppa!

MONDAY 14th JULY – 1.15pm – Sports Day – weather permitting. All are welcome to come and see the children have a bit of fun in the races.

THURSDAY 17th JULY – 5.00pm-7.00pm -Exhibition of Work and Rounders Challenge. Every year we give the parents, friends and indeed, all of you in our village, the opportunity to come and have a look at what we have been doing at school. The children will proudly show you their work and achievements, and The Friends have organised a pupils-v-adults Rounders Match with refreshments available. Feeling fit? Then join in. If not, just come and have a look around and watch the others do the hard work!

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St Breward Beast

A second running of the St Breward ½ marathon took place on Sunday 1st June. A perfect day for running – cloudy, good visibility and a little windy – and all the runners agreed it couldn't have been better.

It began at 11.00 am on Rylands Terrace. David Cornelius in front, followed by 48 enthusiastic and hearty runners (5 didn't turn up we think they turned chicken!). They took the moorland road and met Ian Browning at the Candras cattle grid, who sent them onto Shallowbridge, where Julie Colman & family waited and sent them onto Harpers Down and David & Andrew Feasey. Denis Lusby turned the runners on to the track, at Watergate heading for Rough Tor car park. Dawn Sleep & Anthony Van Der Plank dished out water while Chris Bunt held open gates.

Once on the moor they slowly climbed Rough Tor where they med David & Tim Clark who gave words of encouragement, and sent them down and up Brown Willy, where they met the smiling faces of Steve Best & Gary Millward.
Ever onwards they ran down Brown Willy downs and round Butter Tor to David, Julie, Jake and Jessica Greenaway who waited with more water and directions to Garrow. Here Jake, Sophie & Diana Milton-Ayres where waiting. On the last moorland stretch they met Jackie & Hollie Cornelius who guided them through the wood and onto De Lank Waterworks where Ros & Hannah Thomas waited with yet more water.

Jay Horton passed Ladydown Crossroads and Julie Millward to arrive at St Breward Football club first, 4 minutes faster than last years' winner. Maddie, his wife and first lady home, came in a few minutes later.

All runners arrived back safely, thanks to the fantastic flagging teams, and much to our relief. They all waited to receive their Trophies, certificates, T Shirts and key rings while enjoying a nice cup of refreshment or something stronger and a bacon bap. All courtesy of the Carnival committee, Doreen & Jo Kay, Anita Cornelius & Moira Yeo who raised over £300 on the day. The children enjoyed the Bouncy Castle and the Car boot sales made some people very happy. As did the raffle that Norma Harbinson had sat at most of the day.

The run event raised over £1,000 and after expenses etc., we hope to be able to present St Breward School with a cheque for £700. Just waiting for the last monies to come in.

A very big Thank you from All The Run Committee, to all who were involved with the event, in any way at all. We are hoping to organise another run next year – so watch this space!

Angela, Aileen, Denis, Jo, Linda & Sharon
St Breward ½ Marathon Run Committee
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Although we have moved we are still taking bookings for St Breward, Blisland, Helland and surrounding areas.

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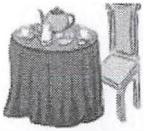

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St Breward Parish Council

The St Breward Parish Council met in the Memorial Hall on Tuesday 3rd June 2003 at 7pm. Members of the public present included Mrs R Giles, Mrs C Lusby, Mr P Glaser, Mr J Webb, Mr I Crowle, Mr S Gendall and Mr K Foster. District Councillor, Mr David Miller attended later.

A letter was read from St Breward Primary School on the resignation of the Parish Council representative on the Board of Governors, Mr Shelley, thanking him for his six years service. The School noted that villagers can apply to the school board when there next is a vacancy. The Council deplored the new ruling of the Government that parish councils now no longer have the automatic right to have a representative on a school board, another reduction in the remit of parish councils.

The Clerk announced that he had ten names for a first Aid course for the village and he would be making appropriate arrangements. A letter from the Land Registry was shown which clarified and confirmed the Council's title to the small piece of land at Claylands. The Council voted as follows on the three planning applications that had been received:

Mr & Mrs Diston – Hill – erection of a house – no objections, but it was not a low cost house.
Mr & Mrs Hemmings - Lower Penquite - erection of a house - an application that had been submitted several times each with small changes to overcome the objections of size, access and over-development of the site. With five votes and four abstentions, the Council objection was that the proposed erection would be over-development of the site.

North Cornwall Aviaries Ltd - Tordown Quarry - change of use, the quarry to be a bird and exotic animal garden. The application proposed the following works in the quarry: Removal of old iron sheds and restoration of engine shed, old smithy and leat. Erection of buildings to house the commercial aviary business at present at Chapel. Provision of car parking and improvement of the access on site to the site. Siting of a caravan for security purposes. Provision for the housing of small exotic animals. Council discussions covered: freehold of the quarry, mineral rights, increased traffic based on the NC Aviaries Ltd business plan, coach numbers expected, problems of access, increased employment opportunities offered by this project (3 full time), effect on existing wild life and flora, effect on historical archaeological features of the site and toilet facilities required. Mr Crowle explained that this would not be a second Eden project, which would destroy the site as a sanctuary. The finger dumps of granite would not be altered. The Council noted that this application had to receive sanction also from the Highways Authority. The Council voted, but not unanimously, that they had no objection to the application but that professional consultation would be needed to ensure that the archaeological features be safeguarded on the site and that the environment for wild life be protected on the site.

(Continued on page 43)

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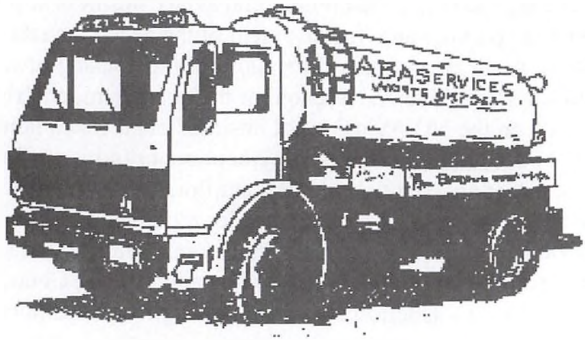

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Blisland WI June2003

A well-attended meeting listened to Mrs Rebecca Strickland talking to us about the new Radiology and Oncology Unit at Treliske. From being a rather dismal unit in the basement of the hospital, it is now a light and airy separate building with comfortable and bright waiting areas for patients.

There is now no need for patients to travel to Plymouth for some treatments as everything can now be treated in Cornwall, with some of the most up to date equipment; Truro is now one of the leading units in the country.

This has all been achieved, not only by money from the Government but also by donations so generously given by the public. Donations are still being received and this money will go towards the cost of research in both Radiology and Oncology. Some trials are done in conjunction with the Cancer Research Association. Unfortunately children still have to travel to Bristol to the Specialist Children's Unit.

Mrs Wendy Barwood gave a vote of thanks.

Members were asked to write to the Highways Agency at Temple key House in Bristol in support of the bypass at Goss Moor. The South West Hospice for Children have appealed for any old jewellery that people don't wand – padded envelopes have been provided for posting.

Two members have been invited to St Breward's Anniversary Lunch on July 22nd.

Would anyone who won a trophy at Blisland's last WI Produce Show and has not returned it could they please return it to Mrs Isobel Willcocks, Oak Ridge, Tregenna, Blisland.

The next meeting is on July 16th when the speaker will be Mr David Danning, the subject – the history of Trelawney Garden Leisure. Visitors will be most welcome.

There will be a coffee and chat morning on Wednesday July 2nd at Mrs Audrey Pearce'

(Continued from page 41) *St Breward Parish Council*

The public toilets have not yet been completed behind the Post Office. Denis Lusby offered to chase NCDC for proper functional completion before St Breward would take over the running and to fix hygiene and security matters needed. He reported progress on the play areas and requested written cover for the insurance in operation. The insurance company would be chased for this. The Play Area Committee was not quite ready to hand the play areas over to the Parish Council. Bob Benham had received all invoices for the play areas works in a form that the auditors would understand and the payment could proceed forthwith.

Kevin Foster warned the village about recent unsavoury activities, interference with animals, lifts offered to children by the driver of an old Mercedes (Bude area), trespass in Coombe Road and the appearance, door-to-door, of a crook in a white Transit offering plastic cladding at extortionate prices. Mev Shelley

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St. Breward WI June Meeting

Mrs A Holmes, vice president, congratulated the team of Messer's Lowe, Wilton, Tiplady and Cragg who gained Second Prize with their entry" A Sporting Event" at the Royal Cornwall Show; it was full of careful detail and well thought out.

Members were handed a large envelope containing a long questionnaire about their attitude towards the overall WI and urged to complete it to possibly win a prize. Yorkshire have once again given us " tea and biscuits "which is much appreciated.

In the absence of our delegate, Mrs G Dawes read out a report of the Spring Council Meeting", one of the main items is the possible abolishment of this meeting for a trial period which will offset the £3,375 deficit reported. CFWI has 4,309 members.

Members were reminded about diaries, calendars and bulb orders and also asked to note the venue of the Festival of the Spoken Word now at Cuddra WI Hall.

St. Breward's contribution to the local Carnival Week celebrations will be on Tuesday evening, July 1st in the Methodist Church when Mrs C Woolf will-present her play. Mrs A Holmes will organize an exhibition and sale of paintings by local artists, male or female. All donations for Carnival funds.

Our own 75th birthday will be celebrated with a lunch at Mrs P Powell's home with the first course provided from the £2.50 charge, and the desserts by the committee. There will be a raffle and a musical selection on the accordion by Mark Hawken. W e hope to have guests from other Institutes present.

Items from the County News were discussed for future planning.

Our speaker was Mr Ray Lester who gave an informative talk about Inheritance Tax and other Financial Matters; he commenced with a well presented ten question quiz on his screen which showed many of us just how ignorant we are of some money matters. Then in the answers he informed us of many pitfalls that could be avoided if we have the correct knowledge when we need it.

Mrs .J Teague and Mrs M Wilton tied with the same marks for the bottle of wine given by Mr Lester, so they will give as a raffle prize for our birthday celebration.

Mrs Teague then won our own monthly raffle. The flower competition, three roses and foliage, was won by Mrs Wilton, Mrs I Alexander 2nd Mrs W Bevan 3rd.

The most boring postcard 1st Mrs L Burden, Mrs Wilton 2nd, Mrs Bevan 3rd.

NO NORMAL MEETING IN JULY 8th Birthday lunch on July 22nd.

Anne Holmes

An exhilarating idea!

"Exhilaration is that feeling you get just after a great idea hits you, and just before you realize what's wrong with it."

St Breward AFC & Social Club

93 members attended the Annual Dinner & Dance which was held at Trethorne on May 30th. Trophies were presented to: -

Men		Ladies	
Player of Year	Ben Beesley	Player of Year	Sarah Raysan
Players' Player	Ben Beesley	Players' Player	Shannon Cook
Highest Goal Scorer	Kevin Cornford	Highest Goal Scorer	Tamsin Keat
Young Player of Year	Kevin Cornford	Young Player of Year	Tamsin Keat
Sportsman of Year	Phil Speare	Sportswoman of Year	Celia Powell
		Super Sub	Nesta Morrish
		Most Improved	Lianne Beesley

Congratulations were also extended to Nicola Dingle who won the league singles and House Champion and to Barbara Marshall who was runner-up. Also to Dean, James, Pete, Anna and Reggie who won various league trophies.

Finally, special mention must be made of Lorraine Kay who was presented with a cap for having the most Under 10 scores with 3 darts for the season. This is the second time she has won this award and we are pleased to see that all her training hasn't spoilt her game.

Joe & Doreen would like to thank everyone who contributed towards their garden voucher which was presented at the Dinner, a lovely surprise. Doreen would also like to thank St Breward AFC for making her a life member of the club.

The football season kicks off on again on August 14th. The Duchy side has been moved up into Division Two for the coming season. The manager is Jamie Beesley

We are also entering the Sunday league; Steve Kay is going to be the manager. We would like to take this opportunity to thank him for all his hard work managing the Duchy side for the past few years.

Tina Walsh is going to continue managing the Ladies side. Thank you Tina, and good luck everyone.

If anyone is interested in joining any of the above teams please contact the Hon Sec on Bodmin 850 030 [Doreen Kay] and I will put you in touch with the managers.

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